

SPRING 2023 MENTOR WORKSHOPS



The science of mentoring

Tuesday, February 21, 1:30pm

Are you mentoring for the first time? Don't know how to start or want a refresher? What experiences and learning do you have that you can bring to the mentoring relationship??

Helping your mentee with homework

Tuesday, March 21, 3:00pm

Research shows that mentoring has a positive effect on academic achievement. Help students make the most of their time by helping them prioritize their school work and track progress toward their goals



Enhancing the mentoring relationship

Thursday, April 6, 10:00am

Learn from your mentee what they value and find what's important to them. The quality of the mentorship may eventually inspire the mentee to become a mentor themselves.



What type of support do youth need?

Thursday April 25, 3:30pm

Besides academic support, promote career interest and exploration. Broaden their definition of extracurriculars beyond traditional activities to include more informal and off-campus opportunities.



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Register today,
for these virtual sessions



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<https://go.rutgers.edu/MentorSpring2023>