

FALL MENTOR WORKSHOPS 2025

Learn how you can offer guidance and advice based on your own experiences. Share insights on academic challenges, career paths, and personal growth. College mentors can create a supportive environment that nurtures growth in young mentees.



RSVP HERE

SEPT 26 | 2-3 PM

INTRODUCTION TO MENTORING

Explore the key principles of mentoring, its benefits for both mentors and mentees, and how effective mentoring relationships can foster development, build confidence, and create a lasting impact.

Location: Tillet Hall Room 204

OCT 17 | 2-3 PM

EFFECTIVE COMMUNICATION

Develop skills for active listening, providing clear instructions, and fostering open dialogue to enhance the mentor-mentee relationship and facilitate better understanding and collaboration.

Location: Tillet Hall Room 204

NOV 14 | 2-3 PM

TIME MANAGEMENT & GOAL SETTING

Explore methods to help mentees set realistic academic/personal goals while also strengthening your own time management skills.

Location: Tillet Hall Room 204

DEC 5 | 1-2 PM

STORYTELLING THROUGH ART

Use visual art or collage as a way to reflect on your own journey and practice storytelling you can share with mentees.

Location: Tillet Hall Room 204

